



# March 2021

Well, Spring is here at last and doesn't it feel good to wake up to light mornings and have longer evenings? I am so excited about our County Commissioners virtual sleepover and I hope you will all join me from our youngest Rainbow to our oldest member. Remember to invite the family to take part in all the fun too! You can find the booking form at the end of this newsletter!

Thank you for all that hidden work you do. From Unit accounts that need to be checked by your Division Commissioner, Yearly Subscriptions (Census) to be paid, Risk Assessments, Safe Space training to name but a few and not forgetting the most important; planning those weekly meetings for our members to enjoy and learn from.

Did you enjoy Girlguiding Cymru Thinking Day Celebrations? I certainly did. How many of you spotted a few familiar faces? Also thank you to Central Glamorgan Trefoil for inviting me to their Thinking Day Celebration. This years Thinking Day theme was Peace. Were you aware that WAGGS and WOSM have been nominated for the Nobel Peace Prize by Norwegian Liberty Party MP, Solveig Schytz, former Chief Commissioner of The Guides and Scouts of Norway and a current volunteer for the Scouting and Guiding Movement. He stated "At a time when our world is threatened by so many international challenges, be climate, wars or the pandemics, we need a counterweight to egoism and nationalism. We need to offer young people a chance to rally around a set of common values and the belief in service, not only to one's own community, but to international society." Take care and hope to see you all soon, Julie

Email - [julie.girlguidingcg@gmail.com](mailto:julie.girlguidingcg@gmail.com)



# County Commissioner Challenge!!

*Are you up for this challenge?*

Here is my challenge. Between us, we raise £1400 for a new roof on our outside toilet block at Gorwelion, our wonderful home by the sea. The current roof needs replacing as it's leaking due to age and weather damage.

Are you up for this? We can do this!! Together let's make it happen!! Let's smash it and raise this money during our Virtual Sleepover event! How are we going to do this? Let me explain...

Here are a few suggestions on how we can raise the money and encourage all members to take part!

⇒ Do a "Good Turn" for a member of your household and get them to donate. Perhaps you could set a minimum donation of £2.00 per good turn? Here are some ideas...

- Wash the car
- Clean the veg for dinner
- Iron some clothing
- Clean your room
- Clean the bathroom
- Hang the washing out
- Clean a cupboard
- Sweep the back garden and clear the paths
- Make a hot drink and cake/biscuit for a family member

OR

⇒ Change your take away to a home meal/drink and donate the difference.

For example - Dominoes pizza £10, change to shop bought Pizza £3.00 and you donate £7.00  
Costa Coffee £2.40 change to shop bought coffee sachet £0.40p you donate £2.00  
Restaurant bottle of wine £10:00 to shop bought wine £5.00 you donate £5.00  
Glass of coke in a Café £1.50, shop bought can of coke £0.50 you donate £1.00

Please participate and "Do a Good Turn " to help maintain Gorwelion.

By participating you will be added to the role of supporters.

Please send donations to: Anna Stevens, Treasurer 18 Allt Dderw, Broadlands, Bridgend CF31 5BZ

Cheque payable to Girlguiding Central Glamorgan, please put the word TOILETS on the reverse of the cheque

BACS transfer - Girlguiding Central Glamorgan sort code 40-13-23 account no 11419439

Please put TOILETS as payment reference

We will also have a go fund me page, click [HERE](#) to donate via that page



# World Thinking Day Celebrations

With coronavirus not allowing us to meet up, how were we going to celebrate one of the important times in Guiding? Now that Zoom meetings have kept us connected over the last year, we thought let's try and see how many would join?

Planning was essential and with Guild members contacted the idea was put into motion. Jane Smart was extremely enthusiastic as always! What would we include in the programme? We must have singing, quotes, welcome in different languages and wishing each World Region a Happy Thinking Day!!

At 7pm on 22nd Feb, forty four Trefoil Guild members joined the Zoom meeting to Celebrate World Thinking Day. The programme started with everyone singing along to 'Hey Hey Hey its Thinking Day,' with Annette Stoneham playing her guitar, Jane Smart reminded us of what WAGGS means to us all and that Peace is the theme for this year, with 10 million members from 152 countries. 'Hello' from 10 different countries for us to try our knowledge in guessing the correct ones, with Wendy helping us along.

Feb 22nd was chosen as it is the joint birthday of our founder Robert Baden Powell and his wife Olave Baden Powell; and as their granddaughter is a member of our County, Gill was sending greetings to them and everyone worldwide.

A candle was lit by all members and each Trefoil Guild Chair sent greetings to the five regions of WAGGS, with Janet Vine, Chair of Trefoil Guild Cymru leading us. A journey through the Regions and World Centres with the 'Peace I ask of the oh river' quietly playing in the background, what a moving moment.

Our song to finish was 'It's a small world', again lead by Annette.

We hope that everyone enjoyed the experience.

Wishing you all  
a  
Happy Thinking  
Day



# Your news!

## Great effort Amber-Rose!

Amber-Rose from 1st Porth Rainbows has recently completed her helper badge and decided she wanted to fundraise for the unit to help us buy a new Rainbow bear. She did a sponsored walk from her home to Pontypridd, nearly 4km in the pouring rain. So far Amber-Rose has raised £355 for the unit and we are all very proud of her and grateful to everyone who has sponsored her.

Here is Amber-Rose at the start of her walk



## Congratulations



Congratulations to Nadine Thomas (Leader in 1st Abercynon Guides Cynon Valley) for winning our Welsh Deputy Chief, Sarah-Jane competition "Adventure Story"

## 1st Treoes and 1st Colwinston Brownies

Both units have been really busy! They have been working towards one of the challenges from the Canal and River Challenge Badge.

Roses and Castles Narrowboats and household items such as plates and water cans were often decorated with traditional patterns of stylised roses and fairy tale castles and called Roses and Castles. No one is sure how the patterns developed but the most likely idea is that they were copied from everyday china popular in Victorian times. In this project you design a new Roses and Castles pattern for a narrowboat - Here are the Brownies with their fantastic masks!! Well done girls!!



# 3rd Newton Brownies



**Elin walking a  
Marathon in a Month**



**Isabela playing rugby**

2021 had a kick start with two Brownies from 3rd Newton Brownies taking action on things that are really important to them.

Ten-year old Elin Higgins walked a virtual Marathon in a Month to raise money for charity. Throughout January Elin and her brother Ieuan walked every single day. Elin set out to raise £100 for her chosen charity, Amnesty International UK. She said that she wanted to raise money for Amnesty because it's important that people can speak up for what is right. Elin's efforts meant that she beat her target raising a fantastic £190 and was featured in our local newspaper, Seaside News.

Elin isn't alone in taking action. Nine year old Isabela Norman loves rugby. She has been playing rugby for Porthcawl RFC since she was seven. During a talk about transition from primary to secondary school, Isabela learnt that girls can't play rugby at the comprehensive. She was so concerned about this that she has written to the headmaster of Porthcawl Comprehensive.

Her letter firmly positions the argument about making rugby a choice for girls as well as boys. It has been used by Porthcawl RFC on Instagram for the #ICan movement and viewed over 450 times - and been shared by Welsh and New Zealand Women's International players. It also resulted in an invitation for Isabela to join a half term Zoom Squad run by England International Rachel Burford. Isabela hasn't had a response to her letter yet, but we look forward to hearing what the Head has to say.

Well done Elin and Isabela!! Great effort!

Each month we'll be visiting a different division...  
this month Y Dderwen are in the spotlight!

# Y Dderwen

## 1st Brackla Rainbows

This week when we met, the girls made edible campfires out of biscuits. It was interesting to see how all the girls improvised using different ingredients from their cupboards. The girls were also been presented with their Thinking Day badges. The unit have new leaders and we are all very proud of how the girls have settled in. Well done girls for all your hard work!!



Nixi from 1st Brackla Rainbows raised £135 for her Unit by selling a huge box of Nannie's wool. She sorted, packaged and delivered on foot to local friends. She also did a quiz to guess how many balls of wool she was laying underneath.



Well done, well done, well done!!

# Y Dderwen

Here are 1st Brackla Brownies enjoying the Clowning Around UMA this week.

**1st**

We have our second virtual pack holiday planned for May 2021 too. The theme for that will be Around the World.

**Brackla  
Brownies**



Indi, Melea and Ania wanted to complete their dance interest badge together. A Zoom call was set up for them and they had a chat about how they could create different dances. They were really supportive towards each other. They had 4 Zoom sessions where they came back to the screen to complete their performances and discuss their research. The Zoom call helped them feel connected; the girls are part of 1st Brackla Brownies, they have zoomed all through lockdown and kept that Brownie spirit going.

Click [HERE](#) if you'd like to see their Dance Interest Badge evidence.

Well done girls, great effort and fantastic dancing too!!

# Each month we'll be getting to know Advisors who are part of the County Team

## Nadine Thomas

**Duke of Edinburgh Advisor and Cynon Valley Division Commissioner**

Hi my name is Nadine Thomas and I am Girlguiding Central Glamorgan's Duke of Edinburgh Advisor. The County has had great success in our members completing the Award and have many girls signed up. This is from Bronze level through to Gold.

### What is the Duke of Edinburgh award?

- ⇒ A life-changing experience
- ⇒ A fun time with friends
- ⇒ An opportunity to discover new interests and talents
- ⇒ A tool to develop essential skills for life and work
- ⇒ A recognised mark of achievement; respected by employers

Our members aged 13-24 years can register and take part through the County with the DofE programme. 13 year olds, year 9 at school can start their DofE award at Bronze level.

There are 3 levels Bronze, Silver and Gold Award and there are four sections to complete at Bronze and Silver level and five at Gold. They involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition and, for Gold only, working with a team on a residential activity.

Achieving the Award provides participants with skills, confidence and an advantage over others when applying for college, university or a job. By providing evidence of so called 'soft skills' that our young people develop through extra-curricular activities, such as communication, commitment, leadership and teamwork, enhances their opportunities. The DofE Award is a fantastic way to demonstrate and evidence these skills in practice.

If you are interested in doing the Duke of Edinburgh award through Central Glamorgan Girlguiding please email:

**[dofe.girlguidingcgc@gmail.com](mailto:dofe.girlguidingcgc@gmail.com)**



# Annual Subscriptions

## Dates to make a note of...

- ⇒ Tuesday 23 February @ midday, official and payable invoices will be available to download from GO.
- ⇒ 16 March, a reminder email will be sent to the main contact of Units that have not paid their official invoice.
- ⇒ 1 April by midday, all subscription payments must be received in full by this date.

**Let's get the cheques sent off as soon as possible so we can tick it off the list! Thank you for your co-operation.**

## GO and Join us training dates

### GO Membership System

Would you like to know your way around GO a little better and also receive some hints and tips about Join us? If so, there are informal training sessions that are happening over the next few months. They are being run by our very own GO guru, Sarah Lee! The Zoom links will be sent out via your Division Commissioners a week before and also shared on our closed County Facebook page. The session will last about an hour.

**Sunday 21st March ~ 3pm**

**Sunday 18th April ~ 3pm**

# Safe Space

Safe Space needs to be kept up to date and all levels relevant to your role need to be completed. Take a look at the table below, this is useful to refer to if you are ever unsure who needs what level.

	Level 1	Level 2	Level 3	Level 4
Leader, assistant Leaders and leaders in training	Y	Y	At least 1 per unit but it's recommended all have level 3	
Unit administer	Y			
Unit Helper	Y	Y		
Unit occasional Helper	Y			
Unit supporting member	Y			
Unit Treasurer	Y			
Young External Volunteer	Y			
Young Leader	Y	Y		
ID Verifier	Y			
Commissioner - all levels	Y	Y	Y	Y
ALL Adviser Roles	Y	Y	Y	
ALL Going away with licence holders	Y	Y	Y	
Duke of Edinburgh Assessors and supervisors	Y	Y	Y	

## Send us your news

This is your newsletter. Please send items in for us to share. If you'd like to send photos too that would be great! Central Glamorgan is a fantastic County so lets shout about it!!! Please send to the email address below by February the 27th.

[newsletter.girlguidingcg@gmail.com](mailto:newsletter.girlguidingcg@gmail.com)



# **Virtual Sleepover Information**

## **16th/17th April 2021**

**This is an event not to be missed!! A jam packed 24 hours with your County Commissioner and other guests. It's suitable for all sections with loads of activities going on!**

**Set up camp at home and join in with all the fun. Some of the activities will be available on YouTube and some will be live Zoom sessions!!**

- ⇒ **Opening ceremony**
- ⇒ **Meeting Baden Powell's Granddaughter**
  - ⇒ **Cook along sessions**
  - ⇒ **Dance sessions**
- ⇒ **Me time and relaxation activities**
  - ⇒ **Story time**
  - ⇒ **Quiz time**
- ⇒ **Meet our mystery guest who's competed in the Paralympics**
  - ⇒ **Campfire sing song and much more!!**

**To incorporate our fabulous home by the sea into our Virtual fundraising sleepover we'll be following a Seaside theme. You can make bunting/decorations to put up in your dens/tents!!**

**#virtualsleepoverggcg2021**

**[Virtualsleepover2021.ggcg@gmail.com](mailto:Virtualsleepover2021.ggcg@gmail.com)**

## Here is a little bit about our wonderful home by the Sea, Gorwelion.

Gorwelion has everything! A fantastic fully equipped house with up to date facilities, one large and one small (not that small!) campsite and breath taking views of the sea. It is superb and offers endless, exciting and varied opportunities for all ages. It is **‘simply the best!’**

To maintain such a property requires support - this is why being a ‘Friend’ is so important. Your support is invaluable - it can be making that yearly donation, being hands on, helping with fundraising events or using practical skills in the house or on the sites. All of these aspects of Friends are important to us. By joining in and bring hands on or helping at events you can meet new people and having "FUN".

Your membership donation is your chance to make a difference, so come on join Friends of Gorwelion! As a friend you will receive two newsletters a year plus there is lots of Friends information on the Gorwelion section of the Central Glamorgan

County website. Click [HERE](#) to find out more.

**We are SO unbelievably fortunate to have Gorwelion - join Friends and help to ensure Gorwelion will always be a great place to be for many years to come!**





# Sleepover Application form



Please fill in the below in BLOCK CAPITALS

Name: ..... Unit: .....

Please circle: Rainbows Brownies Guides Rangers

Address: .....

.....Post Code:.....

Email:.....

Sleepover	cost	number	total	Gift Aid
Under 18 year old Guiding members (INCLUDING FRIENDS MEMBERSHIP + 2 BADGES)	£5.00			N/A
Adult members wishing to attend WITH SLEEPOVER BADGE	£3.00			N/A
Adult members wishing to attend NO SLEEPOVER BADGE	£2.00			Yes
Siblings/family members wishing to attend (INCLUDING SLEEPOVER BADGE)	£3.00			N/A
Siblings/family members wishing to attend - NO BADGE	£2.00			Yes
TOTAL TO BE PAID				

I am a tax payer and agree to Gift Aid my donation to Friends of Gorwelion YES/NO

I agree that CGG can use any photographs for publicity purposes both within and outside of Guiding. YES/NO

I agree to becoming a Friend of Gorwelion (under 18) YES/NO

I agree to my personal information being shared with Friends of Gorwelion YES/NO

Signature of person signing for Gift Aid .....

please print name .....

Address of Gift Aid donor .....

.....post code .....

### Please indicate how you have paid by crossing out the one NOT used

I have BACS transferred to Girlguiding Central Glamorgan

Account No. 11419439 Sort number 40-13-23 using the participants name as a reference

**OR**

Cheque made payable to Girlguiding Central Glamorgan (print participants name on back)

**Please return this form to Julie Thomas by the 10th of April**

**Mrs Julie Thomas, 6 The Grove, Glyncoch, Pontypridd, RCT CF37 3BQ**



# Friends of Gorwelion Form



Please fill in the below in BLOCK CAPITALS

Name: ..... Unit: .....

Please circle: Rainbows Brownies Guides Rangers

Address: .....

.....Post Code:.....

Email:.....

FRIENDS OF GORWELION	cost	number	total	Gift Aid
Under 18 year old Guiding members (INCLUDED IN £5 PAYMENT)	No Charge			N/A
Adult membership (You do not need to be a member of Guiding to be a Friend)	Minimum donation £5.00			YES
Friends of Gorwelion Badge Membership required to purchase	£1.00			N/A
TOTAL TO BE PAID				

I am a tax payer and agree to gift aid my donation to Friends of Gorwelion YES/NO

I agree to becoming a Friend of Gorwelion (under 18) YES/NO

I agree that my personal information being shared with Friends of Gorwelion YES/NO

I am happy to receive correspondence and newsletters via email YES/NO

Signature of person signing for Gift Aid .....

Please print name .....

Address of Gift Aid donor .....

.....post code .....

### Please indicate how you have paid. by crossing out the one NOT used

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